

D7

Engineering/
Operations/ Pavements and Equipment/
Readiness/Security Forces/
Vehicle Operations



June 2006

**BIRTHDAYS
JUNE**

Happy Birthday

**To all detachment
personnel**

**Celebrating a
birthday**

In June!



Commander's Corner



Writing my final D7 article reminds me of the great privilege it has been to serve with each of the Detachment 7 Team members. Wow, the time has gone fast! As doctrine states, "the ultimate source of combat capability resides in the men and women of the Air Force" – our airmen (active, Guard, Reserve, and civilian)! The mission here at Detachment 7 is to continue the development of our airmen by means of a quality-training environment second to none. Our vision is to produce the finest airmen by enforcing standards, demanding excellence and taking care of our people. Each one of you have truly accomplished this challenge and made our detachment a showcase of the finest AETC technical training throughout the Air Force.

I humbly ask everyone to give Maj Chris Pleiman and his family the same invigorating dedication and devotion you demonstrated for me. Always remember the letters A-I-R represented in Air Force symbolizing Airmen, Integrity, and Responsibility. Best of luck to each one of you and it would be my honor to serve with you again in the future. Thanks for all you do to keep our Air Force the best ever seen!

- Lt Col Griffin

Recurring Briefings

TDY In-Brief:

1st and 3rd Thursday
1630, Det Auditorium

Open Ranks:

Every Friday
0700 Specker P-Lot

CC Call:

Last day of each month
0630, Det Auditorium

NCOD Brief:

Every Thursday
1600, MTL Office



Chief's Brief

As enlisted members in the worlds greatest Air Force we are held to very high standards. That's what makes us the best. For everything that we do in our daily jobs there are many standards that need to be adhered to, standards that if not met correctly could possibly jeopardize our position as being the greatest. However, even though meeting the standards is acceptable practice for many situations, everyone should challenge themselves and their subordinates to exceed the standards on a daily basis.

So what is the difference between meeting and exceeding standards? Meeting standards is doing the bare minimum to get by in order to fulfill the mission requirement, whereas exceeding standards is going above and beyond and looking for ways to make improvements. AFI 36-2618 (The Enlisted Force Structure) is a great place for one to start in order to find out what standards and requirements are expected of them. The following excerpt (taken from AFI 36-2618) pertaining to general NCO responsibilities is probably one of the most important, especially being in a technical training environment. It reads as follows: An NCO must exceed the standards and expectations levied upon their Airmen. Epitomize excellence, serving as a role model for Airmen to emulate. Lead by example by exhibiting professional behavior, military bearing, respect for authority and the highest standards of dress and appearance and instill these types of behaviors in their subordinates.

It's up to each and everyone of us to do our part in exceeding standards and ensuring that others strive to do the same. Continue to develop yourself both personally and professionally and look for opportunities to rise to the next level.

-MSgt Smith

Detachment Events

Chief McDowell's Farewell:
2 Jun, 1500, The River

Appreciation of Excellence:
9 Jun, 1000, Pershing Club

Det Picnic:
9 Jun, 1200, Colyer Park

Six Flags Fundraiser:
17 Jun, St. Louis



Safety Spotlight::

When operating a vehicle the right thing to do is pay attention to driving it. The attentive driver stays focused on the exterior surroundings (road conditions and traffic flow), the interior situation (controls, instruments, passengers) and their personal mind set (irritated, alert, preoccupied etc.) This is the ideal scenario.

The reality is that driving - real driving - happens in the mind. To do it well requires more than physical skills. It requires the intellect to pay attention to the right thing at the right time, and to know how to react in new and varied situations.

Basic driving is merely steering and pushing pedals. We as drivers are easily enticed by a myriad of things both inside and outside of our vehicles. Inside the car there are A/C and heat controls to fiddle with, CDs to be fed into CD players and listened to, radio talk to yell back at, cell phones to be answered, Big Gulps to be gulped, passenger chatter to exclaim over, maybe car-seated baby demands to be met.

Outside there's the fender-bender to be gawked at, the "1/2 off" sign in the shoe store window to make note of, the new building going up that has to be checked

LtCol Griffin's Luncheon:
23 Jun, 1200, Audie Murphy

Change of Command:
28 Jun, 1500, Normandy

Det Picnic:
9 Jun, 1200, Colyer Park

out, or a parking place to look for.

Smart drivers tend to know where trouble is likely to lurk and what certain situations engender. The alert driver can spot problems while they develop and not be at the center of them if they materialize.

The first step is to realize that any distraction carries risks. You should also know or recognize your own signs for distraction. You should be disciplined enough to stay with what's important and not stray to what is shinier and brighter. Recognize your limitations as far as attention is concerned.

Once you realize how deadly distractions can be to you as a driver, you'll find new ways to keep your attention focused.

Let's do our best to work on it.

Booster Club News

Unit Picnic
Thanks to everyone who came out-there was good food, great music, and tons of fun for all!



Six Flags Fundraiser:

Thanks to all who signed up-it should be a great time and a great way to make \$\$\$



Come share your ideas at the next meeting!



This Month in AF History



June 12, 1918. The 96th Aero Squadron bombs the Dommary-Baroncourt railway yards in France in the first daylight bombing raid carried out by the AEF.

June 5, 1920. A provision in the fiscal year 1921 appropriations bill restricts the Army Air Service to operating from land bases.

June 15, 1928. Lts. Karl S. Axtater and Edward H. White, flying in an Air Corps blimp directly over an Illinois Central train, dip down and hand a mailbag to the postal clerk on the train, thus completing the first airplane-to-train transfer.

June 18, 1934. Boeing begins company-funded design work on the Model 299, which will become the B-17.

June 20, 1941. *U.S. Army Air Forces established.*

June 15, 1943. The 58th Bombardment Wing, the Army Air Forces' first B-29 unit, is established at Marietta, Ga.

July 19, 1943. Rome is bombed for the first time. Flying from Benghazi, Libya, 158 B-17 crews and 112 B 24 crews carry out a morning raid. A second attack is staged in the afternoon.

June 2, 1944. The first shuttle bombing mission using Russia as the eastern terminus is flown. Lt. Gen. Ira C. Eaker, head of Mediterranean Allied Air Forces, flies in one of the B-17s.

June 6, 1944. Allied pilots fly approximately 15,000 sorties on D-Day. It is an effort unprecedented in concentration and size.

June 9, 1944. Allied units begin operations from bases in France.

June 15, 1944. Forty-seven B-29 crews based in India and

Things to See and Do

Rivers in Pulaski County

Pulaski County is a great place to enjoy a float or day of fishing. The Gasconade, Big Piney, Little Piney and Roubidoux creek abound with opportunities.

You can fish, float, or camp. You can float with a canoe, kayak, or raft. If you do choose to float one of our rivers, remember proper river etiquette:

- camp in designated areas
- picnic on areas not marked as private property
- purple paint means no trespassing
- You must have a fishing permit
- Respect the rights of private landowners



staging through Chengdu, China, attack steel mills at Yawata in the first B-29 strike against Japan.

June 19-20, 1944. "The Marianas Turkey Shoot", in two days of fighting, the Japanese lose 476 aircraft. American losses are 130 planes.

June 26, 1945. B-29 crews begin nighttime raids on Japanese oil refineries.

June 26, 1946. "Knot" and "nautical mile" are adopted by the Army Air Forces and the Navy as standard aeronautical units of speed and distance.

June 26, 1948. *Operation Vittles*, the Berlin Airlift, begins with Douglas C-47 crews bringing eighty tons of supplies into the city on the first day. By the time it ends on Sept. 30, 1949, the Anglo-American airlift will have delivered a total of 2,324,257 tons of food, fuel and supplies to the beleaguered city.

June 2, 1949. Gen. H. H. Arnold is given the permanent rank of General of the Air Force by special act of Congress.

June 27, 1950. First USAF victories in the Korean War.

June 16, 1953. North American delivers the 1,000th T-28 Trojan tandem-seat trainer to the Air Force.

June 3-7, 1965. Air Force Maj. Edward H. White makes the first U.S. spacewalk. The Gemini 4 mission is the first U.S. spaceflight to be controlled from the Manned Spaceflight Center in Houston, Texas, and the crew, which also includes Air Force Maj. James A. McDivitt, stays aloft for a record 62 orbits.

June 10, 1982. Strategic Air Command's first all-female crew performed a five-hour training mission that included a mid-air refueling of a B-52 Stratofortress aircraft.

June 10, 1989. Capt. Jacquelyn S. Parker becomes the first female pilot to graduate from the Air Force Test Pilot School at Edwards AFB, Calif.

June 2, 1995. Capt. Scott O'Grady, an F-16 Fighting Falcon pilot from Aviano AB in northern Italy, was shot down over Bosnia by a surface-to-air missile. Officials did not know if he survived.

June 8, 1995. O'Grady responds to a radio signal from Capt. Thomas Hanford, another pilot in his squadron, at 1:20 a.m. He was rescued by U.S. Marines at 6:44 a.m. and later was hailed as an American hero.

Exercise Tips

Bushman, co-author of an American College of Sports Medicine book (Human Kinetics, 2005), has this advice:

- Start out easy and slow.
- Keep your intensity lower and the time shorter for your new physical endeavor than for your regular one.
- Give yourself time to learn the specific skills or techniques needed for proficiency.
- Consider your new interest an addition to your regular routine until you progress to your usual level of exertion. Then think about fitting it into your overall fitness program.

Mix it up, be safe, and enjoy.



Fit to Fight



Mixing Up Your Workout

Summer is a great time to add new physical activities, outdoors or inside, to boost your interest and keep your exercise engine going. You might choose to swim laps at the local pool as part of your weekly routine, or start each morning of your vacation with a bike ride. Even a power walk through an outlet mall can provide a different twist to your workout routine.

If you've been exercising alone for months, the American Council on Exercise¹ suggests you take a class (tennis, step aerobics) or join a club (cycling, ballroom dancing). Changing activity not only helps some people enjoy exercise more, but it may encourage them to keep exercising while those who don't drop out. When you do the same type of exercise exclusively, your body builds certain specific strengths. By switching your activity mode, you broaden your physical abilities.

Doing a different activity "stresses the body in a new and novel way," says Barbara Bushman, Ph.D., FACSM, associate professor, Department of Health, Physical Education, and Recreation, and associate dean of the Graduate College, Southwest Missouri State University. That's why, after trying a new physical movement, you sometimes feel sore in places where you had forgotten you had muscles.

"Stress on the body is a good thing," says Bushman. "We don't want it to be an excessive overload, but...we need to push it beyond what it normally does in order for it to improve."

Quotes of the Month

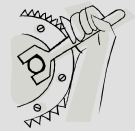
"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."

~Albert Einstein



"What we have to learn to do, we learn by doing."

~Aristotle



"Greatness consists in trying to be great. There is no other way."

~Albert Camus

Bits 'N Pieces



Graduations/Course News

Engineering: Graduations on 13 and 27 June.

P&E: Graduations on 19 and 26 June.

Readiness: It has been a busy month here in Readiness. We have gotten the new and improved 7 Level course on line, and we are continuing with the Apprentice Course Validation. We also welcomed three new instructors, SSgt Ackerman, SSgt Yoder and SrA Cook. Also my replacement SMSgt Hazzard arrived at the first of the month. We even have a new family addition, SSgt Burns is the proud father of a new baby girl, her name is Lilah. We currently have 7 Apprentice courses and the second new 7 Level course in progress.

SFS: No Information Provided....

Vehicle Ops: Graduations on 7, 15 and 23 June.



Volunteer Opportunities

Looking for someone to take over as the Web Master for the Detachment as well as looking for someone to take over the ADPE Account for the Detachment. Let me know if interested.

TSgt Brian McCague
6-8731/8732



Sports

Softball is in full swing! Come out and hit a few on Wednesday nights. All are welcome including dependants older than 17.